

# Frederick County Department of Aging

## Day Trips: July - September 2012

### Breakfast at the Bavarian Inn & Historic Shepherdstown

Breakfast will be at the Bavarian Inn, a romantic country chalet offering European elegance and authentic Bavarian cuisine from its scenic location overlooking the Potomac River. After breakfast we'll visit the Shepherdstown Visitors Center and then have some free time to wander around the town. Shepherdstown, celebrating its 250<sup>th</sup> year, is the oldest incorporated city in the state of West Virginia. The town has been well-preserved and protected - a true blend of amazing history and modern wonders! Many of the buildings in the town were built before the Revolutionary War. On the way back to Frederick we'll stop at Nutter's Ice Cream in Sharpsburg.

**Date:** Friday, July 6  
Registration closes Friday, June 22  
**Time:** 8:30 a.m.-approximately 2:30 p.m.  
**Cost:** \$25 per person  
**Lunch:** Bring money to buy breakfast & ice cream

### Lexington Market (Baltimore)

It's All Here! 10 Fresh Produce Stalls, 11 Delicatessen Stalls, 6 Fresh Fish Stalls, 5 Fresh Poultry Stalls, 8 Bakery Stalls, 6 Fresh Meat Stalls, 3 Candy Stalls and an outstanding variety of prepared foods including 6 Seafood and 19 International Cuisine Stalls complimented by over 80 quality vendors selling various foods and general merchandise

**Date:** Friday, August 3  
Registration closes Friday, July 20  
**Time:** 9:00 a.m.-approximately 3:30 p.m.  
**Cost:** \$25 per person  
**Lunch:** Bring money to buy lunch

**Registration begins Monday, June 4**

### President Lincoln's Cottage & African American Civil War Museum

First we'll visit Lincoln's Cottage. During the Civil War, President Lincoln and his family resided seasonally (June – November 1862-64) at the Soldiers' Home in Washington, DC. Founded in 1851 as a home for retired and disabled veterans of American wars, the Soldiers' Home stood atop the third highest area in the DC. At the African American Civil War Museum we'll have a short overview of the museum and then some free time to explore the exhibits. The exhibits include the Glorious March to Liberty: Civil War to Civil Rights, which highlights the contributions of African Americans during the Civil War.

**Date:** Friday, August 17  
Registration closes Friday, August 3  
**Time:** 9:00 a.m.-approximately 3:30 p.m.  
**Cost:** \$40 per person  
**Lunch:** Bring lunch

### Ice Cream Tour

In the United States in the early 20th century, the ice cream soda was a popular treat at the soda shop, the soda fountain, and the ice cream parlor. During the American Prohibition, the soda fountain to some extent replaced the outlawed alcohol establishments such as bars and saloons. This trip includes a tour of South Mountain Creamery and stops at Jaley's Ice Cream Parlor in Middletown and Rocky Point Creamery in Point of Rocks.

**Date:** Friday, August 24  
Registration closes Friday, August 10  
**Time:** 9:15 a.m.-approximately 3:00 p.m.  
**Cost:** \$30 per person  
**Lunch:** Bring money to buy ice cream/lunch

## Fort McHenry

Fort McHenry is a star-shaped fort best known for its role in the War of 1812 when it successfully defended Baltimore Harbor from an attack by the British navy. It was during the bombardment of the fort that Francis Scott Key was inspired to write "The Star-Spangled Banner." Besides exploring the park and visitors' center, a park ranger will present a program called "**Fort McHenry Through the Ages:** There was a military presence at this site from the American Revolution through World War II. Explore the uses of the fort throughout its history."

Lunch will be at a local restaurant.

**Date:** Friday, September 7

Registration closes Friday, August 24

**Time:** 9:00 a.m.-approximately 3:30 p.m.

**Cost:** \$35 per person

**Lunch:** Bring money to buy lunch

## Ladew

Ladew Topiary Gardens is known around the world for its topiary and flower gardens. A self-taught gardener, Harvey S. Ladew (1887-1976) created 15 thematic "garden rooms" on 22 acres of his 250 acre Maryland property. The gardens include more than 100 larger-than-life topiary forms which serve as backbone and centerpiece to a series of garden rooms. The circa 1747 Manor House is filled with equestrian and fox hunting memorabilia, fine art and English antiques. Ladew's unique Oval Library appears in the book 100 Most Beautiful Rooms in America. In the morning there will be a self-guided tour of the gardens. After lunch we will have a guided tour of the house.

**Date:** Friday, September 21

Registration closes Friday, September 7

**Time:** 9:00 a.m.-approximately 3:30 p.m.

**Cost:** \$40 per person

**Lunch:** Bring lunch or money to buy lunch

## Registration begins Monday, June 4

Trips fill fast! Register soon at any county senior center!

### Trip Registration Information

All trips leave from the  
Frederick Senior Center, 1440 Taney Avenue, Frederick, MD 21702

Registrations will not be accepted without payment.

Paid reservations are non-refundable but are transferable to another person for the same trip.

Registrations may be made at any of the Frederick County Senior Centers.

Unless indicated, Department of Aging vehicles will be used for trip transportation.

A copy of Trip Policies and Procedures is available at any of the Senior Centers.

**For more information call 301-600-7020. [www.FrederickCountyMD.gov/daa](http://www.FrederickCountyMD.gov/daa)**

